

	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:15	S2 COMBAT BODY VIRTUAL	S2 PUMP BODY VIRTUAL	S2 BALANCE BODY VIRTUAL	S2 PUMP BODY VIRTUAL	S2 COMBAT BODY VIRTUAL		
07:15		S3 CICLO INDOOR VIRTUAL					
08:00	S2 BALANCE BODY VIRTUAL	S2 COMBAT BODY VIRTUAL	S3 CICLO INDOOR VIRTUAL	S2 COMBAT BODY VIRTUAL	S2 PUMP BODY VIRTUAL		
09:30	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S2 COMBAT BODY VIRTUAL	S2 PUMP BODY VIRTUAL
12:00	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL
12:00	S2 COMBAT BODY VIRTUAL	S2 PUMP BODY VIRTUAL	S2 BALANCE BODY VIRTUAL	S2 COMBAT BODY VIRTUAL	S2 PUMP BODY VIRTUAL		S2 PUMP BODY VIRTUAL
13:00	S2 PUMP BODY VIRTUAL	S2 COMBAT BODY VIRTUAL	S2 PUMP BODY VIRTUAL	S2 BALANCE BODY VIRTUAL	S2 PUMP BODY VIRTUAL		
15:45	S3 CICLO INDOOR VIRTUAL	S2 PUMP BODY VIRTUAL	S2 BALANCE BODY VIRTUAL	S2 COMBAT BODY VIRTUAL	S3 CICLO INDOOR VIRTUAL		
15:45	S2 COMBAT BODY VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S2 PUMP BODY VIRTUAL		
17:00	S2 PUMP BODY VIRTUAL	S2 COMBAT BODY VIRTUAL	S2 PUMP BODY VIRTUAL	S2 BALANCE BODY VIRTUAL	S2 PUMP BODY VIRTUAL		
17:00	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL		
18:00		S2 COMBAT BODY VIRTUAL	S2 BALANCE BODY VIRTUAL				
18:00	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL		S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL		
19:00				S3 CICLO INDOOR VIRTUAL			
20:15	S2 PUMP BODY VIRTUAL						
21:00	S2 BALANCE BODY VIRTUAL	S2 COMBAT BODY VIRTUAL	S2 PUMP BODY VIRTUAL				
21:00	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL	S3 CICLO INDOOR VIRTUAL		

NUEVAS CLASES VIRTUALES

BODY PUMP | BODY COMBAT | BODY BALANCE



FITNESSSPORTS
Valle de las Cañas, Pozuelo

CLASES VIRTUALES 45'

LEYENDA

Alta intensidad

Tonificación

Cuerpo y mente

Aeróbicas

HORARIO SUSCEPTIBLE A CAMBIOS